

# QUARTERLY NEWSLETTER

MAY 2022

## COLLABORATING

Doing what works  
in Adams County

## FOR YOUTH

*Para español, haga clic en "traducir boletín" en el recuadro negro. Si usa un dispositivo móvil, haga clic en el círculo negro para traducir.*

### SPRING GREETINGS TO OUR NEIGHBORS AND FRIENDS ACROSS ADAMS COUNTY,

National Prevention Week (NPW) is an annual health observance dedicated to increasing public awareness and action around substance use prevention and the promotion of positive mental health. This year, this national initiative, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), will take place May 8-14. Various events and promotions of Prevention Week are planned across the nation, guided in Pennsylvania by the Commonwealth Prevention Alliance and locally, through the Collaborating For Youth (CFY) coalition. The theme of the 2022 Prevention Week is "Prevention Happens Here." In Adams County, this could never be more true!

Collaborating For Youth is Adams County's community-based, data-driven coalition that works to support positive youth development and substance free, positive futures. If you've had youth in area schools over the past two decades, chances are a CFY program or project touched their lives. CFY was born out of a desire on the part of community residents and leaders to make community-wide changes which would improve the lives and futures of youth in Adams County. A coalition was formed which included 20-30 members including schools, churches, government, not for profits, health care, parents, and interested citizens. The group was interested in doing something big that would have an impact for years to come. That was

over 20 years ago and CFY is growing, supporting more services than ever and engaging new community groups to assure that we are driven by the voices in our community we seek to serve.

This week, in observance of prevention week Collaborating For Youth highlights local efforts to support substance free youth and support positive youth development. Our activities help communities across the county and are possible because we have wide-spread support in the Adams County community— one that truly cares about residents, especially youth. We will be discussing concepts like youth leadership, equity, youth mental health and resilience, overdose prevention, and our vision for the next 20 years. We look forward to furthering a positive dialogue around our region's most valuable asset— our people. We hope you will join us in celebrating prevention this week. For more information visit [www.cfygettysburg.com](http://www.cfygettysburg.com).

Andrea Dolges, LPC  
Executive Director  
The Center for Youth and Community Development

**Click on the image below to join the Facebook Live at 11 a.m. today!**

# **PA Prevention Week 2022**

## **Press Conference**

**Monday 11 AM - 12 PM**  
**May 9 PA State Capitol Bldg.  
Harrisburg, PA**

**Join Us Via Facebook Livestream!**



**Jeff Hanley**



**Kristin Varner**



**Jennifer Smith**



**Kristina Jeanty**



**Mike Pennington**



**Dr. Debora Carrera**



**Damon Jones**



**Maia Niedererr**

## **PENNSYLVANIA YOUTH SURVEY - SPECIAL COVID REPORT**

In March, the CFY Coalition reviewed the 2021 special-released data released by the PCCD: Pennsylvania Youth Survey (PAYS). These county-level reports include selected data from the PAYS to help schools, communities, and families assess how the pandemic impacted their youth. This includes new questions that were added to the 2021 PAYS regarding specific impacts of the pandemic and perceptions and experiences with remote learning.



Some of the featured data in the presentation revealed the following about 6th, 8th, 10th and 12th graders in Adams County:

- There were **MORE** instances of depression and slight **INCREASES** in suicidal thoughts and attempts



- In most grades, alcohol, marijuana and prescription pain reliever use **DECREASED** or stayed the same
- Cigarette use **DECREASED** (a continued trend)
- Vaping/e-cigarette use **DECREASED**
- Food insecurity **INCREASED** overall

To read more extensive information on the report for Adams County, [click here](#) to access the full report on the PCCD website. Learn more about the Pennsylvania Youth Survey at our next Town Hall Meeting on Monday, May 23 at 6:30 pm. More info below:


**COLLABORATING**  
Doing what works  
in Adams County


**FOR YOUTH**

Virtual Event

# Town Hall Meeting


MONDAY,  
MAY 23  
6 P.M. - 7:30 P.M.





## Youth Voices

## Emerging from Covid



Learn more about teenage trends  
by looking at the 2021  
Pennsylvania Youth Survey

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Virtual Event via Zoom

Enter Zoom ID Number:  
**403 165 7304**

For more information  
Call Lisa at 717-338-0300 ext. 109  
Email: [Coalition@cfygettysburg.com](mailto:Coalition@cfygettysburg.com)  
[www.cfygettysburg.com](http://www.cfygettysburg.com)



## FEATURED PARTNER: THE CENTER FOR PUBLIC SERVICE @ GETTYSBURG COLLEGE

### ***Think Critically. Act Compassionately.***

Our mission at the Center for Public Service is to engage students, community members, faculty and staff to facilitate partnerships, education, critical thinking and informed action. Through these alliances, we aim to foster social justice by promoting personal, institutional and community change.

We challenge students to “think critically and act compassionately” through the following major program areas, carried out in partnership with students, community members, faculty and staff.

*Student Leadership and Action:* Partnering with local community agencies and initiatives, more than 20 paid student program coordinators inspire and organize meaningful engagement for approximately 900 of their peers each year. Activities focus on afterschool programs, swimming clinics, English instruction, senior citizen programming and more. In addition, CPS oversees the operations of the Campus Kitchen at Gettysburg College and the Painted Turtle Farm.

*Immersion Projects:* Two student coordinators and approximately 10 student Immersion Project leaders organize and lead domestic and international trips during winter and spring breaks. During each excursion, students engage with communities to explore challenges and opportunities for a deeper understanding of social justice issues. A sample of trips from past years include: Food, Globalization and Sustainability in Nepal; Women’s Rights and Islam in Morocco; Immigration on the U.S.-Mexico Border; and Economy, Debt and Statehood in Puerto Rico.

*CPS Summer Fellowships:* Made possible by ongoing gifts, the CPS Summer Fellowship began in 2007 to further Gettysburg College’s vision for engagement in local and global contexts by providing summer experiences. Through partnerships with communities in Gettysburg, Namibia, Nepal, Arizona and Nicaragua, students have extraordinary opportunities to engage in the work of community action.



*Social Justice Education and Dialogue:* Grounding students in a deep understanding of the ways power and privilege impact race, class and gender, CPS engages students in ongoing training, educational opportunities and dialogue. Through bi-weekly dialogue groups, nGender and eRace, students are able to connect personal experiences to larger issues of equity.

*Community-Based Learning and Research:* Working with faculty through a Faculty Fellowship Program, CPS supports the development of partnerships to connect research and classroom-based work with meaningful community involvement and exchange.

*Like visual representations better than reading an article? Check out our 25th Anniversary Video (2016).* Narrated by founding director, Karl Mattson, this video illustrates the heart of CPS work. See it at <https://bit.ly/2XZPFaG>

