

April – 2021

## Collaborating for Youth Quarterly Newsletter



In September 2020, the Center For Youth and Community Development was awarded a 5-year grant through SAMHSA to implement Strategic Prevention Framework (SPF) strategies in Adams County. Since then, the SPF team held a Town Hall meeting and several focus groups with families and individuals to present data on alcohol and marijuana use/misuse among youth and adults, and to discuss how that data correlates to what community members are seeing in their local communities. In response to these interactions, the SPF team has developed and is ready to unveil “Myths vs Facts” literature

sheets regarding alcohol, marijuana, and tobacco, and is working on a draft position paper on marijuana.

While the Strategic Prevention Framework grant has four overarching goals regarding the reduction in use and misuse of alcohol and marijuana among youth and adults, the common core to implementing the SPF strategies is the critical and on-going component of cultural competence and our ability to recognize community members are the experts of their own culture and heritage. To that end, the SPF team has been busy at work with Craig Bowman and Robin Saunders Davis of Common Ground Consulting to develop a model of community conversations around race, equity, and community awareness. This model of Dialogue Action Circles brings Adams Countians together for safe, meaningful discussions which build awareness and common ground around issues of cultural competence. Please join us and see the attached flyer for more information. We look forward to broad community involvement in this important initiative!

Andrea Dolges, Mobilizer, CFY Coalition

### Cultural Competency - Dialogue & Action Circles

As a part of the Strategic Prevention Framework Collaborating for Youth is launching a new initiative concerning cultural competency in our community. A series of Dialogue Action Circles will be leading small groups in a community conversation about Race, Identity & Culture. Our goal is to strengthen a diverse coalition of stakeholders from across the county, ensuring it is reflective of the community and committed to all Adams County youth reaching their fullest potential. Facilitators will consist of inclusive, non-judgmental individuals who are committed to community building in Adams County.

We will officially begin this dialogue on April 8, via zoom from 6 to 7 p.m. via zoom (info below). We will send out a registration link to be a part of Dialogue Action Circles beginning the week of April 19 later this week!

As the world has become more diverse and conflict seems to be everywhere, have you been left wondering?

**PLEASE JOIN US**

for an information session about  
**Race, Identity & Culture**

Join a brief community conversation to explore these topics and find out more about Dialogue Action Circles. Afterwards, you will have an opportunity to register for further conversations.

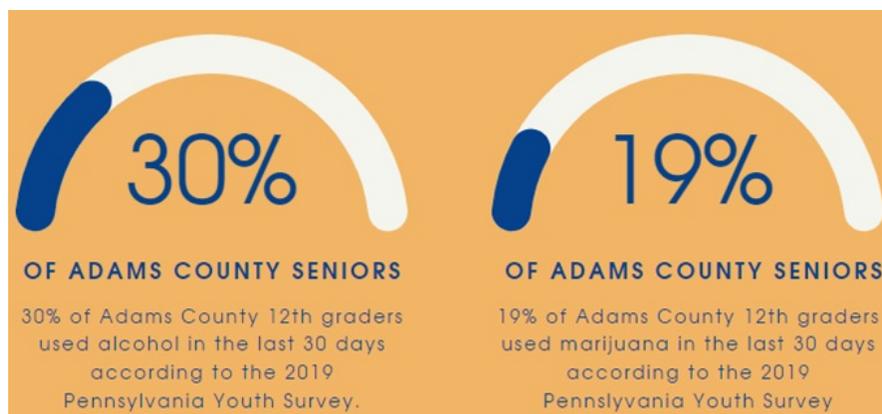
FOR ADAMS COUNTY RESIDENTS ONLY  
APRIL 8, 2021 | 6 PM - 7 PM  
VIA ZOOM - MEETING ID: 403 165 7304

**COLLABORATING**  
Doing what works in Adams County **FOR YOUTH**

WWW.CFYGETTYSBURG.COM

### CADCA Conference

The CADCA Conference was the first week of February (Feb. 1-4). Eleven people, six adults and five youth, attended from CFY. This is the most from CFY that have ever attended! The youth put together a logic model with Teens Smoking Marijuana in Adams County as the problem behavior. The sessions were led by youth trainers who are juniors, seniors, and freshmen in college. The Youth Coalition has been working on an internal leadership board / executive board and some of these youth members will be attending CFY meetings. This is an important time for support and guidance around our central focus on positive youth development and the importance of the youth coalition as many of the Youth Coalition will be graduating high school between this year and next year.



### Alcohol & Marijuana Use in Adams County

In March of 2021, the Collaborating for Youth Board reviewed a presentation about the use of alcohol and marijuana by Adams County youth and adults (**complete presentation attached here with sources**) Including the statistics in the above infographic, it was also revealed that 57% of Adams County adults used alcohol in the last 30 days and 6.5% used marijuana. The adult statistics are from 2016, so it can be estimated that the marijuana numbers have increased with medical marijuana being legalized in Pennsylvania. Also shown was a connection between depression and alcohol/marijuana use in youth and local statistics showed that 22% of Adams County residents have depression.



### **MEMBER HIGHLIGHT - Children's Aid Society**

*written by Eric Chase, Executive Director/CEO*

#### **The Children's Aid Society**

**"Serving Children and their families since 1913"**

In 1913, a group of compassionate and dedicated individuals made a contentious decision to do something to help orphaned, neglected, and indigent children to change their life situation. Today our team of compassionate and dedicated professionals, volunteers, churches, businesses and community organizations collaborate to create the Children's Aid Society (CAS).

Our vision is that "all children are safe and feel loved" by "helping children and their families build stronger healthier lives through our compassionate and professional services" of child centered creative art, play and psycho therapies, family advocacy, parent support & educational groups, a children's clothing & diaper room, a 24 hour / 365-day parenting hotline, a respite crisis nursery in York, and emergency day and overnight shelter in York.

CAS is unique in our commitment to help all children and their families regardless of economic or social circumstances. Our team has been serving the communities in York, Adams, and Franklin counties since 1913.

The Nicarry center (TNC) located at 343 Lincoln Way West in New Oxford, PA serves the greater Adams county area and host the following services:

- "Child Centered Creative Art Therapies" for children ages 3-17. Our clinicians are trained trauma therapist, with specialization in the trauma Focused- Cognitive Behavioral Therapy (TF-CBT) evidence-based treatment modality. CAS currently accepts Medical Assistance, Health Choices, Quest Behavioral Health and Employee Assistance and has a sliding fee scale available for self-pay clients receiving therapy services.
- "Family Advocacy" is intended to build family resiliency by helping families achieve and maintain stability through referrals, home visitation to monitor progress, ongoing emotional support and encouragement. The family advocate visits families in their homes to assess home circumstances and to link families to other needed community resources and services.
- "Parent Support Groups" offer parents in today's busy world a peer group to talk about the stresses, anxieties, and complex issues of parenting. Parents may join at any time. Child centered creative art therapies, family advocacy, and parent support groups are offered both in a telehealth virtual and in person format.
- "God's Closet" a partnership between Children's Aid Society and the Adams County Foster Parent's Association is a children's clothing for children ages 12 and under. Qualified families can come and "shop" for clothes, shoes, and coats for their children.

- “24 hour / 365-day Parenting Hotline” is available to all parents and caregivers. Trained and caring professional staff listen, offer immediate support and help callers work through their parenting crisis. Staff provide callers with referrals to other community resources that will help them resolve issues and provide additional support for parent, guardians, and caregivers at 1-800-635-6619.

For more information and details visit our website at [www.cassd.org](http://www.cassd.org) or call 717-624-4461

## UPCOMING EVENTS

### Medicine Take Back

**The next event will be held on April 24, 2021 -10 a.m. to 2 p.m. Click Here for more information. [Spanish Flyer Click Here!](#)**

**Kids Day at the Park** - a free event held at the REC Park for Families.

Sunday, May 2 at 1 p.m. to 6 p.m.

**Click here for more information. [Spanish Flyer Click Here!](#)**

## OTHER RESOURCES and PROGRAMS

- Let your voice be heard! Join a Youth and Young Adult Advisory Meeting! Community Care is a nonprofit managed care organization. We oversee behavioral health care services and programs. Our belief is that behavioral health recovery is possible and that all individuals should have a voice in their treatment. For more information [CLICK HERE.](#)
- For those receiving Medical Assistance, Community Care Behavioral Health is the insurance (managed care organization) covering substance use disorder and mental health services for Adams County residents. Feel free to share our 24/7 member line(s) for Adams County and our website: Adams County Member Services (24/7): 1-866-738-9849 / En español: 1-866-229-3187 - Website: [www.ccbh.com](http://www.ccbh.com)
- The Center for Youth and Community Development recently launched a community calendar on their website. The calendar will feature substance-free events in the community for both adults and families. To add your event please visit [www.cfygettsburg.com/addevent](http://www.cfygettsburg.com/addevent) or email Meghan Riordan at [communityimpact@cfygettsburg.com](mailto:communityimpact@cfygettsburg.com)
- In conjunction with a grant from the York/Adams Drug & Alcohol Commission (YADAC), WellSpan Pharmacies in Dallastown, York, Apple Hill and Gettsburg are now able to dispense these free Narcan kits. [Click here for more information.](#)
- Shauna Ventress works with youth and young adults, ages 14-24, as part of PA CareerLink. They give each person a career assessment and provide them with the top three pathway matches to their personality. Each youth/young adult is taught financial, resume, and interview skills during a 20-hour workshop for which they are given a \$240.00 stipend. They try to match the youth/young adults, ages 16-24, with jobs at local businesses. The youth/young adults are paid \$10.35 per hour, 20-30 hours per week, by PA CareerLink and not the business. They assist with limited transportation, work clothes. If there is training or concentrated classes that are needed or fit with the youth/young adult's matches, the organization will cover the costs completely. It is possible that the youth/young adult could end up with the training needed to go into a job, completely paid for by the organization. Harrisburg University offers some exploration camps for the 14-16-year-olds that the organization will pay for also. For more information contact Shauna at [Shauna.Ventress@Rescare.com](mailto:Shauna.Ventress@Rescare.com)
- **[Collaborating for Youth monthly meeting dates click here!](#)**

